

Fruit "Cheesecake"



Ingredients:

- 1 Graham Cracker Sheet Per Child
- Softened Cream Cheese or Vanilla Yogurt
- Pre-Cut Strawberries
- Blueberries
- Bananas (1/4 per child - preschool, thinly sliced - toddlers)

Supplies:

- Paper Plates
- Napkins
- Plastic Knives
- Bowls for Fruit (enough for each table)
- Serving Spoons or Tongs for Each Bowl

Variation: Use any variety of fresh fruit.

Directions:

Adults will:

- Provide each child a graham cracker(s).
- Place strawberries, blueberries, and bananas in separate bowls.

Children will:

- Pass the strawberries, blueberries, and bananas around the table; take what and how much they would like for their "cheesecake", and set aside on plate.
- Spread the cream cheese/yogurt over the entire surface of the graham cracker.
- Thinly slice the banana (pre-slice for toddlers) on paper plate (set aside).
- Place fruit on graham cracker on top of the cream cheese.

Enjoy!

