

### Culinary Skills



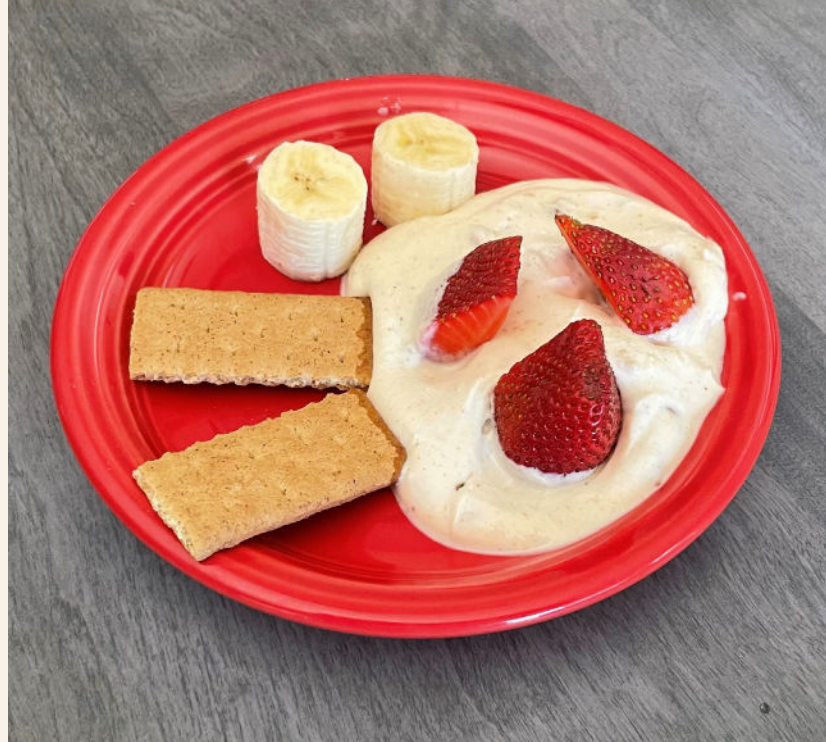
Measuring



Mixing



Cutting



# Fruity Tooty Dip

Servings: 1 per child



### Ingredients:

- ¼–½ cup Greek vanilla yogurt
- 1 tablespoon SunButter
- Sprinkle of cinnamon
- 1 strawberry
- 1 banana
- 1/2 graham cracker

### Supplies:

- Table knife
- Mixing bowl
- Measuring cups
- Measuring spoons
- Mixing spoon
- Cutting board
- Pizza cutter

### Directions:

Adults will:

- Rinse fruit and place in separate large bowls.

Children will:

1. Measure yogurt into mixing bowl.
2. Add cinnamon and SunButter.
3. Mix well.
4. Cut strawberries and bananas into bite-size pieces.

Enjoy dip with graham crackers and fruit.