



Kindness BINGO



Say "Hello" to a neighbor	Help make dinner	Clean up after a meal	Play a game with a family member	Make your bed
Draw a picture for a senior friend	Thank someone for helping you	Take care of a plant or a pet	Donate toys to charities or shelters	Leave a thank you note for your letter carrier
Give a hug to someone you love	Tell your family members what you love about them	FREE	Help with yard work	Send a note of thanks to a family member
Say something nice to someone you love	Read a book together	Tell a joke	Make cookies for others	Make a gratitude list
Share a toy with your sibling	Write a kind note to your teacher	Share a smile with someone	Leave a sidewalk chalk message	Draw a thank you picture for a community helper

