

Roll & Move

GAME CARD

Hop on one foot 5 times.



1

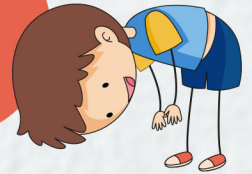
2



Run in place for a count of 30.

Bend down and touch your toes 15 times.

3



Do 10 jumping jacks.



4

5



Hop like a frog 5 times.

Gallop like a horse for a count of 15.



6