

For your convenience, please fax to: _____

New Horizon Location: _____

NEW HORIZON ACADEMY INFANT FOOD RECOMMENDATIONS

Child's Name:

Child's Birth Date:

According to the National Association for the Education of Young Children, infants under six months old should not be given solid foods such as infant cereal or other baby foods without the written consent of the parents and the child's physician.

If all parties agree that the child is developmentally ready to begin infant cereal and other infant foods, please provide your recommendations below.

Physician's recommendations of foods to introduce at the appropriate ages:

Age (in months)	Food Recommendation
0-3	
3-6	

Physician's Signature:

Date:

Parent's Signature:

Date: