



NEW HORIZON ACADEMY MENU

JUNE 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6/1/10	6/2/10	6/3/10	6/4/10
	B: Muffin & Fruit L: Mini Corn Dogs, Baked Beans, Lettuce Salad with Dressing, Bread, Mixed Fruit S: Carrot Sticks with Ranch Dip or Graham Crackers	B: French Toast & Fruit L: Cheese Ravioli with Sauce, Bread, Broccoli, Peaches S: Cheese Cubes, Ritz Crackers	B: Cereal & Fruit L: Sloppy Joes on Bun, Baked Sweet Potato Fries, Fresh Fruit S: Cottage Cheese with Fruit	B: English Muffin Egg Sandwich & Fruit L: Turkey/Ham Sub Sandwich, Fruit Salad, Lettuce, Cheese S: Yogurt Parfaits with Fruit
6/7/10	6/8/10	6/9/10	6/10/10	6/11/10
B: Cereal & Fruit L: BBQ Chicken Sandwich, Broccoli, Banana S: Baked Pretzels	B: Waffles & Fruit L: Taco Salad, lettuce & fixings, Salsa, Corn, Mandarin Oranges S: Teddy Grahams	B: Frudel Strudel Bars & Fruit L: Macaroni & Cheese, Beets, Diced Peaches S: Kiwi Smile Snack: Graham Crackers, Kiwi and Cream Cheese	B: Bagel with Cream Cheese & Fruit L: Hamburger on Bun, Green Beans, Pineapple S: Animal Crackers	B: Breakfast Burrito, Egg & Cheese, Fruit L: Cheese Pizza, Lettuce Salad, Mixed Fruit S: Fresh Fruit
6/14/10	6/15/10	6/16/10	6/17/10	6/18/10
B: Pancakes & Fruit L: Chicken Quesadilla with Cheese, Carrots, Salsa, Pears S: Fruity Bugs: Apricots with Pretzels	B: Cereal & Fruit L: Meatball Sub Sandwich with Cheese, Green Beans, Peaches S: Cheese Nips	B: French Toast Sticks & Fruit L: Tuna Pasta Salad or Cheese Sandwich, Peas, Pineapple S: Vanilla Wafers	B: Cereal & Fruit L: Italian Pizza Sticks with Sauce, Lettuce Salad, Applesauce S: Soft Baked Pretzels	B: Waffles & Fruit L: Cold Cut Sandwich with Cheese, Potato Salad, Chopped Apples S: Fresh Melon
6/21/10	6/22/10	6/23/10	6/24/10	6/25/10
B: Scrambled Eggs, Toast & Fruit L: Chicken O's Nuggets, Green Beans, Breadstick, Mandarin Oranges S: Cereal Bar	B: Muffin & Fruit L: Spaghetti with Meat Sauce, Mixed Veggies, Peaches. Garlic Toast S: String Cheese	B: Cereal & Fruit L: Chicken Burrito, Cheese, Lettuce, Pineapple, Salsa S: Cherry Tomato Kabobs, Cheese & Dip	B: Pancakes & Fruit L: Spanish Rice with Ground Beef, Peas, Peaches S: Cheesy O's Puffs	B: Cereal & Fruit L: Turkey/Ham Rollups with Cheese, Lettuce Salad, Fresh Fruit S: Bug Bites Graham Snacks
6/28/10	6/29/10	6/30/10	7/1/10	7/2/10
B: French Toast Sticks & Fruit L: Personal Cheese Pizza, Broccoli Salad, Applesauce S: Multigrain Snack	B: Muffin & Fruit L: Tuna or Turkey Wrap with Lettuce & Cheese, Sliced Cucumbers, Peaches S: Veggie Bagel Faces with Cream Cheese, Peas, Cherry Tomatoes	B: Cereal & Fruit L: Sloppy Joes on Bun, Sweet Potato Fries, Mixed Fruit S: Graham Crackers	B: Frudel Strudel Bars & Fruit L: Chicken Patty on Bun, Beets, Pears S: Yogurt Parfaits	B: Cereal & Fruit L: Ham Sandwich, Veggie Sticks/Green Beans, Fresh Melon S: Teddy Grahams

B = Breakfast

L = Lunch

S = Snack

All Meals are served with 100% Juice, Milk, or Water. Toddlers are served Whole Milk; Preschool and School-Age children are served Skim Milk.

Menus are subject to change.